## January 2024

## School Lunch Vegetarian Menu

Monday	Tuesday	Wednesday	Thursday	Friday
No School	No School	No School	Brunch for Lunch Scrambled Eggs Potato Hashbrowns Whole Grain Toast Fruit	5 BBQ Lentil Sandwich Whole Grain Bun Cole Slaw Fruit
8 Beans Whole Grain Roll Roasted Carrots & Potatoes Fruit	9 Cheese Pasta Bake Broccoli Fruit	Al Pastor Tofu Tacos on Whole Grain Tortillas Black Beans Tomato & Corn Salsa Fruit	Impossible Beef & Veggie Fajitas Whole Grain Tortilla Chips Fruit	Veggie Burgers on Whole Grain Buns Salad with Dressing Fruit
No School	Impossible Beef Tacos on Whole Grain Tortillas Black Beans Tomato & Corn Salsa Fruit	Tofu Teriyaki Rice Bowl Steamed Green Beans & Carrots Fruit	Cheese & Veggie Pita Sandwich Broccoli Fruit	Sloppy Joe Style Lentils on Whole Grain Bun Cole Slaw Fruit
No School	Tofu Tacos on Whole Grain Tortillas Black Beans Tomato & Corn Salsa Fruit	Chickpeas Seasoned Rice Steamed Green Beans & Carrots Fruit	Impossible Beef & Cheese Nachos on Whole Grain Tortilla Chips Black Beans Fruit	Vegetarian Hotdogs on Whole Grain Bun Salad with Dressing Fruit
BBQ Lentils Whole Grain Rolls Cole Slaw Fruit	30 Cheese Quesadillas Beans Veggies & Dip Fruit	31 Cheese Sandwich on Whole Grain Bread Roasted Carrots & Potatoes Fruit	Adobo Tofu Black Beans & Rice Steamed Green Beans & Carrots Fruit	Homemade Cheese Pizza Salad with Dressing Fruit

Notes

This menu is 100% vegetarian.

Please see the allergen menu for other options.

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Menu is subject to occasional change based on item availability. Menu changes will be communicated in advance.

