

December 2023

School Lunch Vegetarian Menu

Monday	Tuesday	Wednesday	Thursday	Friday
27 Teriyaki Tofu Rice Bowl Steamed Green Beans & Carrots Fruit	28 Impossible Beef Tacos on Whole Grain Tortillas Black Beans Tomato & Corn Salsa Fruit	29 Jambalaya with Beans & Veggies Fruit	30 Cheese Nachos on Whole Grain Tortilla Chips Black Beans Fruit	1 Veggie Burgers on Whole Grain Buns Salad with Dressing Fruit
4 Peas Whole Grain Roll Mashed Potatoes & Gravy Fruit	5 Tofu Tacos on Whole Grain Tortillas Black Beans Tomato & Corn Salsa Fruit	6 Cheese & Veggie Pita Sandwich Broccoli Fruit	7 Lentils Seasoned Rice Steamed Green Beans & Carrots Fruit	8 Vegetarian Hotdogs on Whole Grain Buns Salad with Dressing Fruit
11 BBQ Lentils Whole Grain Bread Cole Slaw Fruit	12 Bean & Cheese Quesadillas on Whole Grain Tortillas Veggies & Dip Fruit	13 Adobo Tofu Black Beans & Rice Steamed Green Beans & Carrots Fruit	14 Pizza Day! Cheese Pizza in Partnership with Tommie's Pizza* Salad with Dressing Fruit	15 Sloppy Joe Style Lentils on Whole Grain Buns Roasted Carrots & Potatoes Fruit
18 Black Bean Chili Whole Grain Bread Fruit	19 Tofu Whole Grain Tortilla Chips Black Beans Tomato & Corn Salsa Fruit	20 NO SCHOOL	21 NO SCHOOL	22 NO SCHOOL
25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL	29 NO SCHOOL

Menu is subject to occasional change based on item availability. Menu changes will be communicated in advance.

Notes

This is a vegetarian menu

Please see the regular menu and allergen menu for other options.

*Like Cafe Racer, Tommie's Pizza is a local BIPOC family-owned establishment. They worked with us to create a custom pizza recipe that meets school lunch nutrition guidelines, including a home-made whole grain rich crust.

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