

May 2024

School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
29 BBQ Pulled Pork Whole Grain Rolls Cheesy Potatoes BBQ Baked Beans Fresh Fruit	30 Homemade Cheese Pizza on Whole Grain Crust House Salad Fresh Fruit	1 Jambalaya with Chicken, Sausage & Veggies House Salad Fresh Fruit	2 Cheese Quesadillas on Whole Grain Tortilla Pinto Beans Tomato & Corn Salsa Fresh Fruit	3 No School K-6 Visit the Exhibition of 100 Languages!
6 Whole Grain Breaded Chicken Nuggets Veggies & Dip French Fries Fresh Fruit	7 Beef & Black Bean Chili with Cheese Whole Grain Bread Fresh Fruit	8 Pulled Pork Nachos Whole Grain Tortilla Chips Pinto Beans Tomato & Corn Salsa Fresh Fruit	9 Spaghetti with Beef, Vegetable Sauce & Cheese House Salad Fresh Fruit	10 Chicken, Egg & Veggie Fried Rice Cole Slaw Fresh Fruit
13 Beef & Veggie Pot Roast Whole Grain Bread Fresh Fruit	14 Arroz con Pollo Roasted Veggies Beans Fresh Fruit	15 100% Beef Hotdogs on Whole Grain Bun Baked Beans French Fries Fresh Fruit	16 Brunch for Lunch Breakfast Sausage Potato Hashbrowns Whole Grain Pancakes & Syrup Fresh Fruit	17 BBQ Pulled Pork Sandwich Whole Grain Bun Cole Slaw Mashed Potatoes Fresh Fruit
20 Santa Fe Chicken Salad with Whole Grain Tortilla Strips Shredded Cheese Black Beans Tomato & Corn Salsa Fresh Fruit	21 Cheese Quesadillas Black Beans Veggies & Dip Fresh Fruit	22 Baked Chicken Whole Grain Roll Roasted Carrots & Potatoes Fresh Fruit	23 Homemade Cheese Pizza on Whole Grain Crust Veggies & Dip Fresh Fruit	24 No School K-6
27 NO SCHOOL	28 Pork Teriyaki Rice Bowl Steamed Green Beans & Carrots Fresh Fruit	29 Sloppy Joes on Whole Grain Bun Cole Slaw Mashed Potatoes Fresh Fruit	30 Gyro & Veggie Pita Sandwich Carrots & Dip French Fries Fresh Fruit	31 Pork Tacos on Whole Grain Tortillas Black Beans Tomato & Corn Salsa Fresh Fruit

Notes

Please note that our menu now includes pork. Please let your school know if your student does not eat pork, and we will provide a pork-free substitution

Please see the vegetarian menu and allergen menu for other options.

Cafe Racer LLC
caferacermn.com
caferacervending@gmail.com

Menu is subject to occasional change based on item availability. Menu changes will be communicated in advance.



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Vegetarian School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
29 Vegetarian Hotdogs on Whole Grain Bun Baked Beans French Fries Fresh Fruit	30 Homemade Cheese Pizza House Salad Fresh Fruit	1 Jambalaya with Beans & Veggies House Salad Fresh Fruit	2 Cheese Quesadillas on Whole Grain Tortilla Pinto Beans Tomato & Corn Salsa Fresh Fruit	3 No School K-6 Visit the Exhibition of 100 Languages!
6 Vegetarian Hotdog on Whole Grain Bun Veggies & Dip French Fries Fresh Fruit	7 Black Bean Chili with Cheese Whole Grain Bread Fresh Fruit	8 Bean & Cheese Nachos Whole Grain Tortilla Chips Pinto Beans Tomato & Corn Salsa Fresh Fruit	9 Spaghetti with Vegetable Sauce & Cheese House Salad Fresh Fruit	10 Egg & Veggie Fried Rice Cole Slaw Fresh Fruit
13 Vegan Sausage & Veggie Pot Roast Whole Grain Bread Fresh Fruit	14 Black Beans & Rice Roasted Veggies Fresh Fruit	15 Vegetarian Hotdogs on Whole Grain Bun Baked Beans French Fries	16 Brunch for Lunch Scrambled Eggs Potato Hashbrowns Whole Grain Pancakes & Syrup Fresh Fruit	17 BBQ Lentil Sandwich Whole Grain Bun Cole Slaw Mashed Potatoes Fresh Fruit
20 Santa Fe Black Bean Salad with Whole Grain Tortilla Strips Shredded Cheese Tomato & Corn Salsa Fresh Fruit	21 Cheese Quesadillas Black Beans Veggies & Dip Fresh Fruit	22 Chickpeas Whole Grain Roll Roasted Carrots & Potatoes Fresh Fruit	23 Homemade Cheese Pizza on Whole Grain Crust Veggies & Dip Fresh Fruit	24 No School K-6
27 NO SCHOOL	28 Egg Teriyaki Rice Bowl Steamed Green Beans & Carrots Fresh Fruit	29 Sloppy Joe Lentils on Whole Grain Bun Cole Slaw Mashed Potatoes Fresh Fruit	30 Cheese & Veggie Pita Sandwich Carrots & Dip French Fries Fresh Fruit	31 Bean & Cheese Tacos on Whole Grain Tortillas Black Beans Tomato & Corn Salsa Fresh Fruit

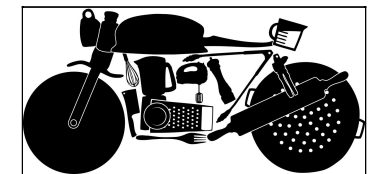
Notes

This menu is 100% vegetarian.

Please see the allergen menu for other options.

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Allergen School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
29 BBQ Pulled Pork Gluten Free Rolls Dairy Free Potatoes BBQ Baked Beans Fruit	30 Gluten Free & Dairy Free Pizza House Salad with Dairy Free Dressing Fruit	1 Jambalaya with Chicken, Sausage & Veggies House Salad with Dairy Free Dressing Fruit	2 Dairy Free Cheese Quesadillas on Corn Tortilla Pinto Beans Tomato & Corn Salsa Fruit	3 No School K-6 Visit the Exhibition of 100 Languages!
6 Pulled Chicken Gluten Free Rolls Veggies French Fries Fresh Fruit	7 Beef & Black Bean Chili Gluten Free Bread Fresh Fruit	8 Pulled Pork Nachos Whole Grain Tortilla Chips Pinto Beans Tomato & Corn Salsa Fresh Fruit	9 Gluten Free Spaghetti with Beef, Vegetable Sauce & Dairy Free Cheese House Salad with Dairy Free Dressing Fresh Fruit	10 Chicken & Veggie Fried Rice Cole Slaw with Egg Free Dressing Fresh Fruit
13 Beef & Veggie Pot Roast Gluten Free Bread Fresh Fruit	14 Arroz con Pollo Roasted Veggies Beans Fresh Fruit	15 100% Beef Hotdogs on Gluten Free Bun Baked Beans French Fries Fresh Fruit	16 Brunch for Lunch Breakfast Sausage Potato Hashbrowns Gluten Free Pancakes & Syrup Fresh Fruit	17 BBQ Pulled Pork Sandwich Gluten Free Bun Cole Slaw with Egg Free Dressing Dairy Free Mashed Potatoes Fresh Fruit
20 Santa Fe Chicken Salad with Whole Grain Tortilla Strips Dairy Free Cheese Black Beans Tomato & Corn Salsa Fresh Fruit	21 Dairy Free Cheese Quesadillas on Corn Tortillas Black Beans Veggies Fresh Fruit	22 Baked Chicken Gluten Free Roll Roasted Carrots & Potatoes Fresh Fruit	23 Gluten Free & Dairy Free Pizza Veggies Fresh Fruit	24 No School K-6
27 NO SCHOOL	28 Gluten Free Pork Rice Bowl Steamed Green Beans & Carrots Fresh Fruit	29 Sloppy Joes on Gluten Free Bun Cole Slaw with Egg Free Dressing Dairy Free Mashed Potatoes Fresh Fruit	30 Gyro & Veggie Sandwich on Gluten Free Bread Carrots French Fries Fresh Fruit	31 Pork Tacos on Corn Tortillas Black Beans Tomato & Corn Salsa Fresh Fruit

Notes

This Menu is free of gluten, dairy, eggs, soy and nuts. This menu includes pork.

Please see the vegetarian menu and regular menu for other options.

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